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From the Director's Chair



As someone surrounded by food every day, I think about food a lot — probably much more than the average citizen.

Like most people, when I wake up, breakfast is on my mind, but shortly after I've eaten, my mind goes to the day's activities and my family. However, for 275,000 West Virginians and over 42 million Americans nationwide, the thought of food is always on their mind.

In West Virginia, 79,000 children sit at their desks at school, unable to pay attention in class, wondering if they will have dinner. Where will it come from?

Can I eat enough at lunch or pack a little for later?

Over 40,000 senior citizens, many who have worked their entire lives to retire on Social Security, are deciding what they can live without. Which ones can they do without....medical needs, prescriptions, rent, heat or healthy food?

In West Virginia, right now, over 150,000 young and middle-age adults, the majority from working families, are making tough choices. Can I afford to go to the doctor and miss work? Can we fix the car this month? Can we stretch our paycheck enough to feed everyone?

In 2017, the charitable food sector made gains toward meeting the meal gap. Feeding America, the largest non-profit network of over 200 food banks, estimates that a meal gap exists in West Virginia of 52,728,750 meals annually. In 2017, Mountaineer Food Bank contributed 12,757,000 meals toward filling that gap, an increase of 12% from 2016. Facing Hunger Food Bank provided 5,250,000 into West Virginia, for a combined 18,000,000 meals from the two primary food banks in the state.

Both food banks, working together with the WV Department of Agriculture, were able to secure the Commodity Supplemental Food Program (CSFP) in 2017. CSFP provides diet sensitive food boxes to 5,000 seniors in the state and this program is only authorized through the Farm Bill. The program was created in 1969. However, 47 years passed before West Virginia pursued participation, becoming the 48th state to do so.

MFB continued to partner with 86 Backpack and School Food Pantry programs that provided food to 8,200 students at 145 schools. The food bank joined a Feeding America pilot program that partnered with two Veteran hospitals in West Virginia to provide food boxes to 400 veterans on a monthly basis.

At the Federal and State level, we continue to fight for funds for our commodity programs and to prevent devastating changes to the Supplemental Nutrition Assistance Program (SNAP).

Current options being proposed would increase hunger—causing short- and long-term harm—and simply don't reflect how important SNAP is to people's health in America. SNAP bridges the gap for millions of children, seniors, veterans and people with disabilities in America who are facing tough times and struggling to put food on the table. In West Virginia, it helps 1 in 5 people to have the food they need, so that they may be healthy and successful. Most people receiving SNAP work one or more jobs that just don't pay enough to maintain a healthy diet and all of their other needs.

This past spring, we passed Senate Bill 25, the Farm to Food Bank Tax Credit, taking an important step in bridging the gap between local agriculture and food insecurity needs within the state. As we look at other states such as Kentucky and Pennsylvania, we know that there is much more potential to support our citizens and local farmers.

Our organization has taken the steps to organize partnerships with local health clinics and Veteran hospitals (Beckley and Martinsburg), as the connections between food and health are clear; food is health. The partnerships have allowed us to connect with physicians to develop stronger ties between clients and healthy options.

Recently, I did an interview with a college student for a senior project where they asked what keeps me motivated to continue my work. My response was this:

"During my 9 years here, I have seen many faces pass through our programs and our mobile food pantries. Elderly seniors that have to use walkers, wheelchairs and canes standing in line because the food was that important. Some lived alone with no family near, others lived with family leading to financial strains, and others were taking care of their children or grandchildren.

I've seen mothers picking up food on their break from work and others with small children tugging at their shirts as they stand in line. The child's eyes always brighten if something sweet or fresh fruit passes by. Rain. Snow. Hot. Cold. They stand in line."

I know that it's not their first choice....to go to the food pantry. No one wants to struggle. No one wants to be hungry.

I know that our work makes a difference. If only for a few moments or for a few days, it provides a spark of hope for these families.

I also know that we can do more — as an organization, as a state and as a country.

In your travels, I encourage you to visit us at Mountaineer Food Bank or to stop by one of our distributions across the state.

With thanks,

J. Chad Morrison Executive Director Mountaineer Food Bank

New Mountain to Climb

Mountaineer Food Bank is a different organization than it was a short while ago. However, it's always been our goal to build a more efficient, effective and sustainable operation to better serve hungry seniors, veterans, children and families in West Virginia.

Like a winding country road, we've turned some curves in our journey and we're climbing higher in our flight to end hunger. We also wanted a new look to reflect who we are today and where we're headed. Our new logo is simpler, brighter, and more appealing. It's more us.

The road around the mountain is where we hope hunger will someday end. The apple and heart represents food shared with love. The colors of health, strength, nature and hope represent what our programs provide hungry West Virginians.

We are on an exciting course. With your support, Mountaineer Food Bank and will continue moving forward to a bright horizon.

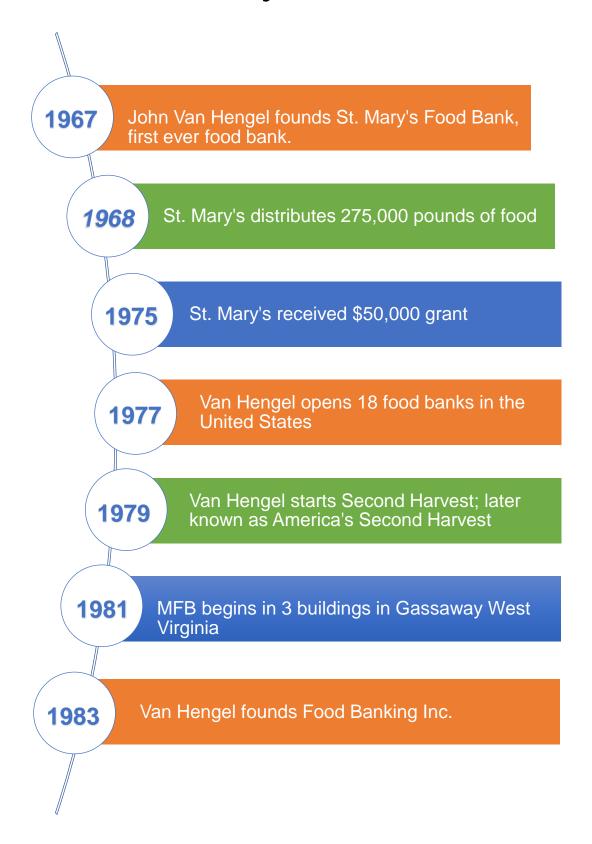


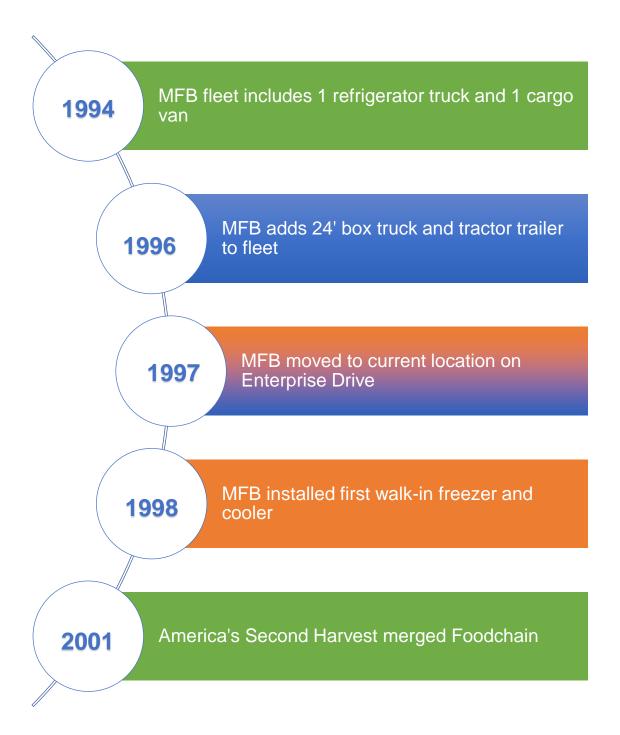
PMS Orange – 158

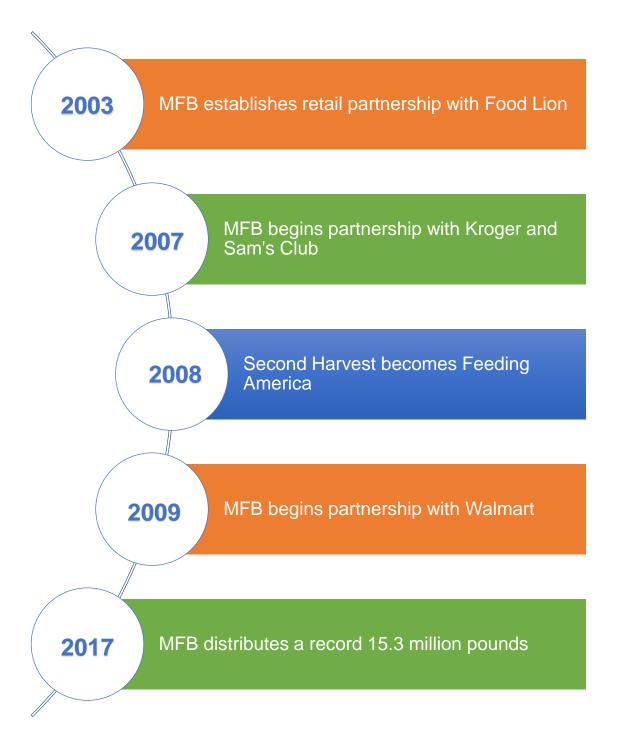
PMS Green - 369

PMS color "denim" blue 7454

Food Bank History







Our Values

Our philosophy is simple. Do your job and TOGETHER we can feed hungry West Virginians.

- Work hard
- Pay attention to detail
- Be prepared
- Team is #1
- Push forward

What We Do

We serve food insecure children, seniors, veterans and families by providing affordable, quality products to food pantries and soup kitchens in 48 West Virginia counties with over 440 member agencies. Mountaineer Food Bank also distributes food directly to those in need through multiple feeding programs.



Agency Programs

Food Pantries



Many communities have a local food pantry to serve residents who suffer from hunger and food insecurity. Independent community food pantries are self-governing and usually distribute food to their clients at least a once-a-month basis, or more often.

On-site Feeding Programs



Soup kitchens, meal centers, or food kitchens are places where food is offered to the hungry for free. Frequently located in lower-income neighborhoods, they are often staffed by volunteer organizations, such as church or community groups, to prepare hot meals.

Mobile Pantries



One day distributions into areas of significant need. Volunteers prepare boxes for families that include nonperishable, produce and meat. Mobile pantries allow up to 10,000 pounds of food to be distributed to 300 or more families in less than 3 hours.

Backpack Program



Serve over 80 programs that are operate within more than 140 schools. Weekend food bags are prepped for students during school months. These bags typically include nonperishable, individually packaged foods that can be easily prepared by young students.

School Food Pantry



Starting in September 2016, these pantries are housed within schools, allowing for access on daily basis by students in need. We have five pantries in 2017 servicing approximately 250 middle and high schoolers.

New This Year

Veteran's Table



In collaboration with Veteran Affairs hospitals within the state, providing monthly food boxes to those who have served our country. This year, we will establish pantries in 3 Veteran Medical Centers in West Virginia.

Commodity Supplemental Food Program



Serving our state's senior citizens, MFB began piloting this USDA Program in April 2017. Those 60 years and older who qualify under specific income guidelines receive a monthly food box of commodities.

2017 Notable Accomplishments

The Generator Project: Mountaineer Food Bank was able to secure funds through a variety of funders to install a generator at the main warehouse facility. Along with securing funds for the food bank generator, we were able to assist in obtaining funds for 7 agencies across the state to purchase and install a generator. The total cost of this project was \$190,000.00.

Funders include:

City National Bank
Mountain Valley Pipeline
Trans Canada
Benedum Foundation
McDonough Foundation
Sisters Health Foundation
WV Council of Churches
Department of Homeland Security and Emergency Management
Big Lots

Wal-Mart Retail Agency Capacity Grant project: A \$50,000 grant secured through our Feeding America network from Wal-Mart allowed us to secure funds to purchase capacity building supplies for 33 of our agencies that are currently picking up Walmart retail donations. These items included: refrigerator unit, freezer blankets, scales, thermometers, coolers, jump drives with MFB reporting documents and retail agreement information, as well as two paid registrations to MFB Hunger Summit and hotel room fees for the event. The total cost benefiting each agency was \$1,176.17.

Hunger Summit: In 2017, Mountaineer Food Bank hosted their second annual Hunger Summit; Health, Hunger, and Nutrition-Connecting the pieces, attendance nearly doubled from 2016. The Summit provided our attendees (which included our agency representatives as well as community organization representatives) with workshops, trainings and session focusing on making the connection between health, nutrition and hunger and other hunger related issues.

This year at Summit, through a partnership forged between the Mountaineer Food Bank and the Landmark Youth Theatre Ensemble an evening of childhood hunger awareness was provided through a theatre production of Puddin' and the Grumble. A story told through the eyes of a plucky 5th grader who fearlessly takes on hunger in her own community. Puddin' and the Grumble, written by Becky Boesen and David Von Kampen and Commissioned was originally created in partnership with the Lied Center for Performing Arts at the University of Nebraska-Lincoln. Ms. Boesen was a guest speaker at the Summit and spoke on her personal experience with hunger.

In addition to Boesen, other guest speakers and events included; Mark Bowe of the DIY Network's Barnwood builders who presented his motivational speech titled, Work Hard. Be Kind. Take Pride, a CSFP food box challenge that included local chef's preparing a first rate meal from the provided food boxes. The winner of the cook-off challenge was Chef Geoffrey Krause representing the Thyme Bistro in Weston, WV. The event also included vendors, fun and games and a variety of giveaways. Our sponsors for this event included: Braxton County CVB, Global Foods Inc, and City Insurance HIB group.













Progress Report

Mountaineer Food Bank is pleased to report another productive fiscal year. A year filled with growth and development in nearly all areas of the operations. We also remained fiscally responsible while fulfilling our mission to feed hungry West Virginians and engage our state in the fight to end hunger.

The Board of Directors at Mountaineer Food Bank believes in accountability and transparency to the community. This year, the Board authorized an independent audit of our operations. Copies of any documents pertaining to the transitions or oversight at Mountaineer Food Bank are available to the public at www.mountaineerfoodbank.org.

Corporate and Community Partners

Our corporate and citizen partners bring a variety of assistance, of every shape and size, to the table. Monetary gifts, food and fund drives, in-kind contributions, volunteer hours and more, it all adds up. These partners support the infrastructure that enables Mountaineer Food Bank to continue feeding West Virginia's hungry.

Funders

Aldi's	
American Truck Historical Society	\$1,000.00
American Water	\$500.00
Antero Resources	\$10,000.00
Big Lots	\$7,500.00
Bowles Rice LLP	\$650.00
Brent A. Bush-Sr. Trust Advisor	\$2,000.00
Buckhannon Rotary Club	\$550.00
Campbell's Soup Company	\$7,699.32
City National Bank	\$2,500.00
Claude Worthington Benedum Foundation	\$123,375.00
Columbia Pipeline Group	\$2,500.00
Darden Foundation	\$8,000.00
Delhaize America	\$850.00
Department of Homeland Security	\$25,000.00
DIRECTV	\$637.50
Disney	\$15,000.00
Dixon Hughes Goodman LLP	\$500.00
Dominion	\$5,000.00
Eat'n Park Hospitality Group	\$2,500.00
Enterprise Rent-A-Car Foundation	\$2,500.00
EQT	\$26,000.00
Fidelity Charitable Gift Fund	\$5,000.00
Feeding America	\$806.23
Food Lion	\$20,884.70
French's Food Co LLC	\$3,016.15
General Mills	\$11,840.31
Global Foods	\$971.75
Huntington National Bank	\$5,000.00

Kokosing Construction Co.	\$2,000.00
Kraft Heinz Co	\$9,123.84
Kroger	\$39,175.90
Louis and Anne Abron's Foundation Inc.	\$5,000.00
Marietta Community Foundation Inc	\$1,270.81
McDonough Foundation	\$15,000.00
MILKPEP/United Dairy	\$800.00
Morgan Stanley	\$25,000.00
Mountain Valley Pipeline	\$10,000.00
MRC Global	\$1,206.76
Network for Good	\$4,023.95
No Kid Hungry	\$2,600.00
Nutra-Blend LLC	\$1,451.62
One Shot Foundation	\$50,000.00
Pallotine Foundation	\$7,720.00
Pampered Chef	\$4,906.81
Red Nose	\$10,000.00
Schoenbaum Foundation	\$25,000.00
Scott Electric Foundation	\$8,000.00
Security Nat'l Trust- Jackson Foundation	\$2,000.00
Southwestern Energy	\$27,010.00
Subway	\$4,750.00
The Benevity Community Impact Fund	\$500.14
The HILB Group of WV LLC	\$1,249.50
Town of Thurmond	\$1,000.00
Trans Canada	\$7,500.00
Wal-Mart Local	\$40,000.00
Wal-Mart National	\$146,752.62
West Virginia University	\$10,000.00
Weyerhaueser	\$3,500.00
Woodforest Charitable Foundation	\$5,800.00
WV Council of Churches	\$45,000.00
WV FFA Association	\$5,500.00
WV Lions PDG Association	\$1,000.00
WV Volunteer Org. Active in Disaster	\$5,000.00
Unilever	\$2,086.96

Retail Food Donations

ALDI 96,064 pounds

Food Lion 401,476 pounds

Kroger 744,783 pounds

Sam's Club 1,054,545 pounds

Walmart 3,523,627 pounds

Total of 5,820,495 pounds equivalent to \$10,069,456 worth of food! Hunters Helping the Hungry

Mountaineer Food Bank received 15,364 pounds of deer venison from the Hunters Helping the Hungry program!

Boy Scouts of America National Jamboree

Our partnership with the Boy Scouts allowed us to collect donations of food items through the 10 day Jamboree. In 2017, MFB collected 357,043 pounds of food from the Jamboree!

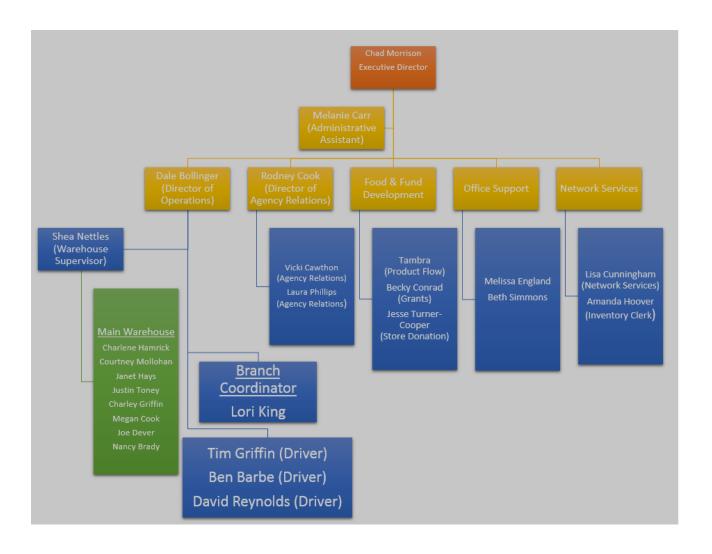
WV Future Farmers of America

The WV FFA raised funds to purchase and donate 1,200 Backpacks as part of their annual campaign and State Conference at Cedar Lakes.



Staff

Our successful growth is a direct result of the hard work of dedicated staff and volunteers, which has allowed the Mountaineer Food Bank to offer new and improved programs for the residents we serve. It is an exciting time for all of us, and with your help we will continue to work toward an even brighter future.



Mountaineer Food Bank Board of Directors

Officers 2016-2017

President: Julie Harris

Vice President: Jim Smallridge

Treasurer: Lawrence (Mike) Chapman

Secretary: Brenda Hunt

Officers 2017-2018

President: Jim Smallridge

Vice President: Larry Malone

Treasurer: Lawrence (Mike) Chapman

Secretary: Brenda Hunt

<u>2016-2017 Board</u> <u>2017-2018 Board</u>

Clint R. Bischoff
Michael Bishop

Clint Bischoff
Michael Bishop

Lawrence (Mike) Chapman Lawrence (Mike) Chapman

Jenny Gannaway Stacy DeCicco
Ralph Goolsby Amy Dobkin

Elaine Harris Amy Shuler Goodwin

Julie Harris Ralph Goolsby
Brenda Hunt Elaine Harris
Diane Ludwig Brenda Hunt
Lawrence (Larry) Malone Diane Ludwig

Chad McIntyre Lawrence (Larry) Malone

Stanley Metz

Jessica Miles

Jim Smallridge

Chad McIntyre

Jessica Miles

Jim Smallridge

Jim Smallridge Jim Smallridg
Roxanne Tuesing

MOUNTAINEER FOOD BANK, INC.

STATEMENTS OF FINANCIAL POSITION December 31, 2017 and 2016

		2017		2016
ASSETS				
CURRENT ASSETS				
Cash and cash equivalents	\$	1,495,916	\$	1,394,296
Accounts receivable, net	•	128,569	•	79,356
Grants receivable		184,733		130,420
Inventory		2,169,228		1,945,322
Prepald assets		48,727		33,647
Total current assets		4,027,173		3,583,041
PROPERTY AND EQUIPMENT				
Land		120,093		120,093
Bullding		1,567,664		1,567,664
Equipment		942,507		805,631
		2,630,264		2,493,388
Less accumulated depreclation		1,233,708		1,323,167
Net property and equipment		1,396,556		1,170,221
Total assets	_\$_	5,423,729	\$	4,753,262
LIABILITIES AND NET ASSETS				
CURRENT LIABILITIES				
Current portion of leases payable	\$	28,556	\$	-
Accounts payable	•	58,654		17,439
Accrued salarles and benefits		50,707		40,808
Accrued payroll taxes		5,479		5,060
Due to sub-reciplent food pantries		466,988		794,312
Total current liabilities		610,384		857,619
LONG-TERM LEASES PAYABLE		188,053		
Total liabilities		798,437		857,619
NET ASSETS				
Unrestricted		4,625,292		3,895,643
Total liabilities and net assets	\$	5,423,729	\$	4,753,262

Note 4. Program and Other Expenditures

Expenditures for the years ended December 31, consist of the following:

	2017		2016	
Administrative and general	199,485	1.00%	220,111	1.20%
Program services	19,672,096	98.61%	18,072,651	98.47%
Fundraising	76,907	.39%	60,449	.33%
Total expenditures	19,948,488	100.00%	18,353,211	100.00%